## LONGWOOD CENTRAL SCHOOL DISTRICT

Elementary Page 1 of 2

TO:	DATE:
RE:	GRADE:
	STUDENT
DIAC	GNOSIS:
The a	bove named student is involved in a 40 minute Physical Education program twice a week.
If NO PART	thild may participate in ALL Physical Education Activities YES NO, please review the following list of activities and CHECK ALL THOSE THAT THE STUDENT MAY FICIPATE IN:
ACUV	ny list for Kilidergarten and Frist grades.
	Running relays
	Running and cardio
	Scooter activities
	Hopping, skipping, galloping, jumping
	Playground activities:climbingswings
	slideswalking
	Targets
	Jogging
	Batting
	Rope climbing
	Bowling
	Ball handling
0	Manipulatives (hula hoops, jump ropes)
	Circus Arts (juggling, balancing)
0	Dancing and Musical Games
	Throwing and catching
	Yoga
	Tumbling
	Physical Fitness (sit and reach, pull-ups, sit ups, curl ups, mile run/walk)
	this child require a rest period during school hours? YESNO
	on of restrictions: School Year Months Weeks
Date o	f re-evaluation:
MD S	IGNATURE STAMP

## LONGWOOD CENTRAL SCHOOL DISTRICT Elementary Page 2 of 2

Duration of restrictions: School Year Months Weeks  Date of re-evaluation:		
DIAGNOSIS:  The above named student is involved in a 40 minute Physical Education program twice a week.  This child may participate in ALL Physical Education Activities YES	TO:	DATE:
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This child may participate in ALL Physical Education Activities YESNO		
If NO, please review the following list of activities and CHECK ALL THOSE THAT THE STUDENT MAY PARTICIPATE IN:  ACTIVITY LIST FOR GRADE 2, GRADE 3, GRADE 4  Scooter games Dancing Football skills (throwing, catching, kicking) Circus arts (juggling, balancing) Kickball Running relays Playground activities: climbing swings slide Soccer skills Soccer modified games Volleyball Jogging Warm up exercises Physical fitness ( sit and reach, pull ups, sit-ups, curl-ups) Mile run/walk Basketball skills Jumping Rope climbing / wall climbing Bowling  Does this child require a rest period during school hours? YES NO Duration of restrictions: School Year Months Weeks Date of re-evaluation:	The at	nove named student is involved in a 40 minute Physical Education program twice a week.
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Rope climbing / wall climbing  Bowling  Does this child require a rest period during school hours? YES NO  Duration of restrictions: School Year Months Weeks  Date of re-evaluation:	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Dancing Football skills (throwing, catching, kicking) Circus arts (juggling, balancing) Kickball Running relays Playground activities: climbing swings slide Soccer skills Soccer- modified games Volleyball Jogging Warm up exercises Physical fitness ( sit and reach, pull ups, sit-ups, curl-ups) Mile run/walk Basketball skills
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