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# ***PRESS RELEASE***

## **Longwood Central Schools**

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### **Dates for Longwood Athletic Physicals Announced**

MIDDLE ISLAND – New York State law requires all students participating in athletics to receive an athletic physical. Longwood school district officials have announced the dates for the physicals.

Physicals will be given at Longwood High School on the following dates from 7:30 AM - 3:30 PM: Mon., Aug. 8 - Thurs., Aug. 10; Mon., Aug. 15 - Thurs., Aug. 18; and Mon, Aug.29 – Tues. Aug.30. Physicals will be held at Longwood Junior High School on Mon., Aug. 22 - Thurs., Aug. 24, between the hours of 7:30 AM – 3:30 PM.

Appointments are required. Call 345-9250 for an appointment and for more information.

Physical forms and information are available from the Longwood website:

[www.longwood.k12.ny.us](http://www.longwood.k12.ny.us). Click *Longwood Athletics* (green button on the right side), and *Sports Physical Forms and Information*.

The forms must be completed before a student is able to participate in the interscholastic program. The results of the physicals are valid for a period of twelve months from the last day of the month in which the physical was conducted.

The final approval for sports clearance rests with the school medical officer.